

CHAPTER SEVEN—PROGRAM

Program of Activities

- 114-506 A. (1) There shall be a written, planned, daily program of activities for all children.
- (2) Activities shall be developmentally appropriate.
 - (3) Staff shall plan and provide daily age-appropriate activities in accordance with the child's developmental level, such as stories, music, art, cooking, living skills, puzzles, blocks, etc.
 - (4) Children shall be provided daily indoor opportunities for freedom of movement.
 - (5) Quiet areas with supervision shall be made available to children desiring to be alone or to work on homework.
 - (6) Staff persons shall provide the opportunity for the children to ask questions and engage in conversations with others. Staff shall have frequent positive verbal communications with the children.
 - (7) Age appropriate radio and television, VCR tapes, DVDs and other media shall be previewed by the director and staff and used only as a supplement and enhancement to the daily program. No child shall be required to view these media programs.
 - (8) All children shall be given the opportunity for outdoor play, weather permitting.

POLICY: *When the temperature exceeds 90 degrees, children shall not remain outside for more than one hour at a time without at least a thirty minute break inside the facility. Water must be offered or be available to all children upon request during the outdoor period. (1/31/06)*

POLICY: *If sunscreen is used, the provider should read the label and adhere to its guidelines before applying it to the child. (8/1/06)*

POLICY: *(NATIONAL STANDARD -- National Health and Safety Performance Standards, Second Edition) Weather that poses a significant health risk shall include wind chill at or below 15 degrees F and heat index at or above 90 degrees F, as identified by the National Weather Service....Children shall be protected from the sun by using shade, sun-protective clothing, and sunscreen with UVB-ray and UVA-ray protection of SPF-15 or higher, during outdoor play. Before prolonged physical activity in warm weather, children shall be well-hydrated and shall be encouraged to drink water during the activity. In warm weather, children's clothing shall be light-colored, lightweight, and limited to one layer of absorbent material to facilitate the evaporation of sweat. Children shall wear sun-protective clothing, such as hats, long-sleeved shirts and pants when playing outdoors between the hours of 10 AM and 2 PM. In cold weather, children's clothing shall be layered and dry. Caregivers shall check children's extremities for maintenance of normal color and warmth at least every 15 minutes when children are outdoors in cold weather. (1/31/06)*

- (9) Napping expectations and time periods shall be developmentally appropriate and meet the needs of the individual child.

Discipline and Behavior Management

- 114-506 B. (1) The facility's discipline policy shall outline methods of guidance appropriate to the ages of the children. Positive, non-violent, non-abusive methods for managing behavior shall be implemented.

(SEE RESOURCE MANUAL SECTION 7 FOR EXAMPLES OF DISCIPLINE METHODS WHICH MEET THIS REGULATION'S DEFINITION OF APPROPRIATE DISCIPLINE.)

- (2) All teacher/caregivers shall sign a facility agreement to implement the discipline and behavior management policy, with a statement that specifies no corporal punishment shall be used except when authorized in writing by the parent(s)/guardian(s); corporal punishment shall not exceed guidelines established in Section 20-7-490(c)(1)(a) through (e) of the Code of Laws of South Carolina, 1976 amended.
- (3) Emotional abuse is also prohibited, including but not limited to: profane, harsh, demeaning or humiliating language in the presence of children. Threatening, humiliating, ignoring, corrupting, terrorizing, or rejecting a child is prohibited.
- (4) Withholding, forcing, or threatening to withhold or force food, sleep or toileting is prohibited.
- (5) Unsupervised isolation of a child shall not be allowed. The child shall be within sight of staff if isolation from the group is used.
- (6) The use of children to discipline other children is prohibited.
- (7) Children shall not be restrained through drugs or mechanical restraints.
- (8) Each child care center has the option to prohibit corporal punishment.